

Lesson Plan

Dancing Kings and Queens

Lesson Plan for Dance Grade 1

Objective

To help students understand the different styles of dance.

Things Needed

- Dance book
- Paper
- Crayons, markers, and/or colored pencils

Before the Activity

Read Dance out loud to students. Then pass out a piece of paper to each student.

Activity

First, review the different styles of dance the book describes:

- What five types of dance does the book describe? (Answer: ballet, hip-hop, jazz, tap, and ballroom)
- What facts did we learn about ballet? (Answer: Ballet uses long, flowing movements. The dances often tell a story.)
- What facts did we learn about hip-hop? (Answer: Hip-hop dance has a lot of energy. Some dancers spin on the floor or do flips.)
- What facts did we learn about jazz? (Answer: Jazz is a quick dance. It is made up of fast kicks, turns, and leaps.)
- What facts did we learn about tap dance? (Answer: Tap dancers tap a rhythm with their feet.)
- What facts did we learn about ballroom dance? (Answer: Ballroom dancers have partners. Partners dance together. The dances can be fast or slow.)



Explain that each style of dance has a different costume. For example, ballet dancers often wear tutus. Many hip-hop dancers wear sneakers. Invite students to pick one style of dance and create costumes for it. They can draw dancers wearing these costumes on their paper. Students can plan their costumes by thinking about the following questions:

- How many dancers will be doing the dance?
- Will their costumes be all the same, or will some be different?
- Will the dance tell a story? If so, what story?

Give students several minutes to plan and draw their costumes. Then invite volunteers to come to the front of the class, present their picture, and explain the style of dance they chose.

Evaluation

Did students draw pictures that matched the styles of dance they chose? Did they speak clearly while presenting their ideas to the class? (Possible Answers: I chose hip-hop, and my dancers are all wearing sneakers and are spinning on the floor. I chose ballroom dance, so I drew two people dancing together. I chose ballet, and my dancers are telling a story about fighting dragons, etc.)

Standards

This lesson plan may be used to address the Common Core State Standards' reading standards for informational texts, grade 1 (RI 1.7), and speaking and listening standards, grade 1 (SL 1.5).

