

# POP! TEACHER RESOURCE

## Lesson Plan

### Playing Safely

Lesson Plan for *Playground Safety*  
Grade 1

#### Objective

To help students remember key ideas from a text about playing safely at a playground.

#### Things Needed

- *Playground Safety* book
- Access to the “Playground Safety” web page on the Pop! website:  
<https://popbooksonline.com/safety-for-kids/playground-safety>

#### Before the Activity

Open the “Playground Safety” web page in your internet browser. Pull up the “Explore Links” tab and click on the Safety 4 Kids article, “When Playing Outside.” This article can also be found here:

<https://www.safety4kids.com.au/safety-zone/stranger-danger/when-playing-outside>

#### Activity

Read *Playground Safety* out loud to students. Then read the “When Playing Outside” article. After you finish reading both the book and web page, have a class discussion about playground safety. Read each of the following questions and call on students for answers:

- What equipment is on the school playground? (Answers: climbing areas [p. 4], monkey bars [p. 5], swings [pp. 8–9, 14–15], slides [pp. 8–9, 14], seesaw [p. 13], merry-go-round [pp. 14–15])
- What are ways you can be safe while playing on those items? (Answers: Look before jumping down so you don’t hurt yourself or others [p. 4]; touch equipment before using to make sure it’s not too hot [p. 9]; don’t run or play on slippery equipment [p. 9]; slide sitting down and feet first [pp. 13–15]; hold the seesaw when moving and don’t climb in the middle [pp. 13–15]; hold onto bars on a merry-go-round and don’t crowd too many people on [pp. 13–15]; swing sitting and hold the chains [pp. 13–15].)



- According to the website, what is stranger danger? (Answer: when someone you don't know comes near and makes you feel unsafe)
- What should you do if you are playing and a stranger comes near? (Answers: Call out to adults nearby; don't talk to the person; walk away if you feel scared; kick and scream if needed.)

### **Evaluation**

Could students use information from the book and website to think of ways to play safely?

### **Standards**

This lesson plan may be used to address the Common Core State Standards' reading standards for informational texts, grade 1 (RI 1.2, 1.8).

