

# CULTURAL CUISINE

## Lesson Plan

### Introducing New Foods

Lesson Plan for *Sashimi*

Grade 3

#### Objective

To help students create persuasive writing, choosing vivid words that make their perspective sound appealing.

#### Things Needed

- *Sashimi* book
- Access to the “Sashimi” web page on the Pop! website:  
<https://popbooksonline.com/cultural-cuisine/sashimi>
- Pencils

#### Before the Activity

Open the “Sashimi” web page in your internet browser. Pull up the “Activities” tab and click on the Writing activity. Print a copy of this activity for each student. Read *Sashimi* out loud as a class.

#### Activity

People in Japan have been eating sashimi for thousands of years, but it is a much newer food for people in the United States. Ask students the following questions about sashimi:

- What year did sushi restaurants start opening in North America? (Answer: 1966)
- What was invented that allowed sashimi to be enjoyed all over the world? (Answer: better refrigerators)
- What is the proper etiquette for eating sashimi? (Answer: People pour some soy sauce into a bowl. Then they dab wasabi on the fish. They pick up the fish with chopsticks and dip it in the soy sauce.)



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Then pass out the writing activity to each student. Ask students to imagine that they are restaurant owners. Their restaurant is about to serve a new food. This food will be new to most customers. So, students will have to explain what it is and why it's delicious, as well as the proper way to eat it. In this description, students should choose words that make the food sound exciting and fun to try. They should end with an offer (such as a discount or free sample) that will help to convince readers to come to their restaurant.

### **Evaluation**

Collect the worksheets and give each student up to 6 points:

- 1 point for creating a new food
- 1 point each for explaining what it is, how to eat it, and why it's delicious
- 1 point for including a special offer
- 1 point for using good spelling and grammar

### **Standards**

This lesson plan may be used to address the Common Core State Standards' reading standards for informational texts, grade 3 (RI 3.1), and writing standards grade 3 (W 3.2).

