

POP! TEACHER RESOURCE



Lesson Plan



Active Iguanas

Lesson Plan for *Iguanas*

Grade 1

Objective

To help students play a game to reinforce how being cold-blooded affects how and when iguanas are active.

Things Needed

- *Iguanas* book
- A large, open space (such as a soccer or football field) to play a game
- Masking tape

Before the Activity

Read the *Iguanas* book out loud to students.

Activity

Iguanas are reptiles. They are cold-blooded. That means their bodies need to take in heat from the sun to stay warm. Ask the following questions to review details about iguanas:

- What time of day are iguanas most active? (Answer: during the daytime)
- Do iguanas move slower or faster when it is cool? (Answer: They move slower.)
- What do iguanas do at night? (Answer: They sleep.)
- What do iguanas do in the winter? (Answer: They hibernate.)

Bring the class to the open space. Use the tape to mark a starting line at one end. At the other end, tape a finish line. Ask students to pretend they are iguanas. They are trying to cross the finish line. But because iguanas are cold-blooded, the weather will affect how quickly they can move. So will the time of day.

You'll stand off to the side of the open space and call out the weather and time of day. When you say, "Good morning, iguanas," the students can start moving. If you say, "Good night, iguanas," they must stop moving and stay frozen until you say good



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morning again. Each time you say good morning, you'll also tell the day's weather. If you say, "Today is sunny," the iguanas can move at normal speed. If you say, "Today is cloudy," they must move in slow motion. If you say, "Oh, no! It's winter!" all iguanas must flop on the ground and hibernate.

Evaluation

Continue calling out the weather and time of day until at least one student reaches the finish line. If you want, play the game again, this time choosing a student to call out the weather and time of day.

Standards

This lesson plan may be used to address the Common Core State Standards' reading standards for informational texts, grade 1 (RI 1.1).

