MY FRIEND WITH HEALTH NEEDS

## MY FRIEND WITH ADHD

## Make Your Own To-Do List

Sometimes, making a to-do list helps children with ADHD get through the day easier. In the space below, build your own to-do list. Do you need to clean your room? Does your homework need to be done? Add a check by every item you complete.

	To Do List
0	
0	
0	

