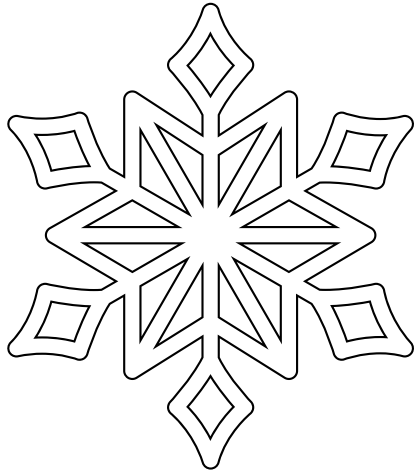




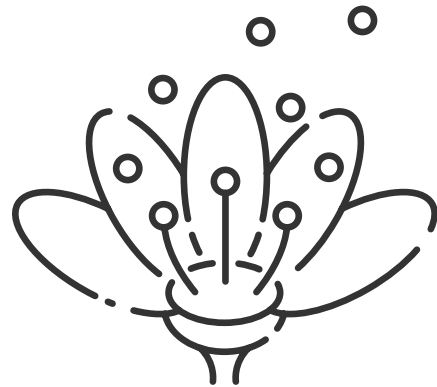
MY FRIEND WITH ASTHMA

Color and Reflect

Below are four common triggers of asthma attacks. While you're coloring them in, consider ways you can help a friend with asthma avoid the triggers.



Cold Weather



Pollen

Dust



Exercise

